

MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG		SAMSTAG		SONNTAG	
Studio	Online	Studio	Online	Studio	Online	Studio	Online	Studio	Online	Studio	Online	Studio	Online
8.00 – 9.00 <b>Body Shape</b>		09.00 – 10.00 <b>Reha Sport</b>				09.00 – 10.00 <b>Fit for Balance</b>		08.00 – 09.00 <b>Body Shape</b>				10.15 – 11.45 <b>Yogilates</b>	
10.00 – 11.15 <b>Yoga</b>		10.15 – 11.15 <b>WSG</b>		10.00 – 11.15 <b>Yoga</b>		10.30 – 11.30 <b>Pilates</b>		10.00 – 11.15 <b>Yoga</b>		10.30 – 11.45 <b>Body Workout</b>			
				17.30 – 18.15 <b>Reha Sport</b>		17.30 – 18.15 <b>Reha Sport</b>				<h1>KURSPLAN</h1>			
18.00 – 19.15 <b>Yoga</b>		18.00 – 19.00 <b>WSG</b>		18.30 – 19.30 <b>Pilates</b>		18.00 – 19.00 <b>Funkt. Zirkel-Training</b>		18.00 – 19.15 <b>Yoga</b>					
18.10 – 19.10 <b>Body Art strength</b>				19.35 – 20.25 <b>Zumba</b>		18.45 – 19.45 <b>Faszien</b>		<h1>greengymb Berlin</h1> <p>ab August 2020</p>					
19.20 – 20.10 <b>deep WORK</b>		19.40 – 20.40 <b>Yoga</b>		19.45 – 21.00 <b>Yoga</b>									